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*Voices from Beyond: The God Force, the
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Voices
from
Beyond

*The God Force,
the Other Side, and You*

Isaac E. Nwokogba

Voices from Beyond: The God Force, the Other Side, and You
by Isaac Nwokogba

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Preface

When I was growing up, the term “spirit medium” represented something ungodly, something to be avoided, something that had no place in God’s plans; it represented something with a satanic origin. Yet, indirectly, it was a spirit medium who inspired me to write this book.

It began one day while I was confined to bed recovering from foot surgery. With nothing better to do, I turned on the television. A medium was conveying messages from the dead to their living loved ones. Ordinarily, I would have had no interest in watching the program, but on that day I was captivated by it. I had no idea that it would lead to writing a book. During an interview at the end of the program, the medium was asked how his process worked. He responded that he didn’t know how. He just knew that it worked.

It is generally true that spirit mediums don’t know the “why” and “how” of their abilities. All they know is that they have the ability and that it works. I immediately decided to write a book that would examine the process, the forces at work, and the mediums themselves.

If the practitioner doesn’t understand how the process works, then it is highly unlikely that his clients will understand what’s behind the communication with their

dead relatives. Without such understanding, they might doubt whether the messages are from their loved ones and doubt the reliability of those messages. Granted, we don't have to understand the workings of many laws of nature for them to manifest themselves in our lives. An understanding of these laws, however, serves to dispel myths, superstition, and fear of the unknown. And in many cases it enables us to purposefully apply these laws in our lives.

My goal was simple: I would write a book that both mediums and their clients would find informative. The book would answer basic questions: Can the living actually communicate with the dead, or is there something else at work? Why does the information the dead convey appear to be in bits and pieces, and appear to involve a high degree of guesswork? Have the dead lost their ability to speak in clear, complete sentences? And why does the medium seem to be right some of the time and wrong at other times?

Written by someone who is not a practicing medium and has never used the services of one, the book would be free of the inherent bias that would otherwise be present.

As I formulated the idea for the book, other, related topics presented themselves for examination as well: psychics, soul mates, angels, and spirit guides. These topics also relate to the afterlife, the other side, or heaven, if you prefer. And, along with contact with the dead, they all have one thing in common: they all pertain to relationships – our relationships with one another, with the other side and its inhabitants, and with the God force.

If you think of this book as dealing with relationships made in heaven, whatever heaven means to you and wherever it may exist, you will not be far off.

With the scope of the book expanded to include these other topics, it became clear that the book could be appreciated by all spiritually inclined people, both religious and non-religious.

On Valentine's Day in 2002, on my Web site, I published an article titled "Soul Mates: The Perfect Partner in a Perfect Relationship?" The article was based on a chapter I had just written for this book. For the two days after posting that article, the combined number of hits on my site exceeded the monthly average. That interest in my subject matter gave me great encouragement. With the chapter on soul mates completed, I had only two more chapters to write.

Something else happened on that day. My compressed computer hard disk crashed before I could back up the manuscript, and I lost it. Every effort to recover it failed. For the next several months, determined to recover the manuscript at all costs, I sent the drive to different data recovery companies, without success. Disk compression complicated all recovery efforts. With the loss of the manuscript, I lost the desire to complete the remaining two chapters much less rewrite the entire book.

Several months passed without writing a word. But, with the support and encouragement of some readers who had followed the progress of the manuscript through free previews I had made available, I decided to write the remaining two chapters as if the others were not lost. The first of these two chapters was on spirit guides. By the time

I finished this chapter, I knew the book had to be published, even if it meant rewriting all that was lost.

Without benefit of the initial thoughts as they flowed through me to the original manuscript, I undertook the monumental task of rewriting the whole thing. The result is the book you're now reading.

Since I believe nothing happens by accident or without a good reason, I have no doubt that this version of the book is more informative and detailed. Above all, I hope that this version is more beneficial than the original would have been.



Acknowledgments

Thank you to the many people who provided comments that helped me as I wrote this book. I am especially grateful to those who critiqued the manuscript and made valuable suggestions that I am certain improved its overall quality.

My gratitude also goes to the source of all inspiration for making this book possible. My special thanks goes to all the tireless, dedicated, spiritual workers, and particularly to my personal friend and guide. You are my unsung heroes.

To those who read previews of the book through my Web site and sent me words of encouragement, thank you. Your e-mail and kind words gave me the strength, the motivation, and the determination and perseverance to complete this book.

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Introduction

As with my earlier books, the one you're about to read is not based on what other people have written or said on the subject. In fact, you may encounter some things in this book that contradict what you have read or believe. My book is not based on secondhand stories of other people's experiences. And it is not based on research; I do not simply report findings that have been observed in a laboratory.

If you've read my earlier books, you know what I think about science when it comes to spiritual aspects of our being: students of spiritual laws are frequently far ahead of science in recognizing certain natural phenomena. Because by design my books are not based on research or mainly on knowledge acquired from other books, readers get not only some of the things that science has verified and acknowledged but also information that is currently beyond the reach of scientific explanation. This is the strongest point for my books and my other writings.

Anyone who has observed spirit mediums at work would agree that the information they perceive appears to come in fragments. As a result, people may wonder whether the dead have lost the ability to communicate clearly. Medium work may also appear to observers as a hit-and-miss game, leading some to look at its practitioners as suspicious or even as frauds. Some

practitioners readily admit that they don't know *how* their abilities work; they just know that they *do* work.

This book, however, is not about how to become a medium, a fortune-teller, a seer, or a spiritualist. It is not a how-to book. And I am not a practicing medium, at least not in this life. But I am a lifelong student of spiritual laws who has written two earlier books and several articles on various aspects of spirituality. While there are many books on how to awaken your psychic abilities, in this book I go beyond that to examine the nature of contacts and communications with the dead.

In doing so, I risk arousing the disappointment of those who hold dear certain beliefs regarding what lies ahead at the end of our current lives on earth. I hope I will also arouse the curiosity of the skeptic and the excitement of those who have intuitively known some of the explanations presented here to be true or at least to be a possibility.

Due to the nature of the contents of this book, some readers may demand proof. I can offer you no proof. Scientists can offer proof of their findings so that others can duplicate and validate their findings in further studies. This is not a scientific book; instead, it is about laws that govern our existence here and beyond, laws that scientists have yet to fully understand and explain.

The only way to have the kind of proof you may seek is for you to live my life, past and present, and to have all the experiences, training, and associations I have had, past and present. But leading another person's lives is impossible. Any proof you need, however, lies within and around you.

For those who intuitively know, and for those who already believe, no further proof is necessary.

One question people ask me is how I know these things. I know in the same way that someone knew of the force of gravity without benefit of technological instruments; the same way someone figured out that the earth was round without the benefit of seeing it from outer space; the same way someone surmised that the earth revolves around the sun or for that matter the same way any idea or concept is brought to us.

There is only one source of Truth and of all knowledge, whether it is an invention, a new concept, an idea, or a law of nature that affects our existence. As you'll learn from this and other books, people all over the world can access this body of knowledge, this database of infinite knowledge, information, and memory in infinite ways.

This is the reason two people in different parts of the world can independently come up with identical ideas, information, or inventions without knowing about the work of the other. It is the reason that there may be common themes and similar principles in the holy books of the world's major religions. It is the reason that the founders or original figures of the major religions used similar phrases to explain complex principles. These people derived their knowledge from the same source. It is the reason writers who do not know of each other's work can and do use identical phrases when describing a concept or idea.

I recently read a book written many generations ago and discovered that the author had used the exact

analogy and phrase that I used in another book, the analogy of a drop of water in a sea, to describe the same concept. This did not surprise me at all.

While this book is not about reincarnation, it assumes the existence of reincarnation. The concept of reincarnation may be unimaginable to some people, yet it holds the key to unlocking many of the mysteries of life: the unexplained, the unknown, and most importantly, our experiences in life on earth.

We have all been to the other side. We all came from there, and we will return there at the end of this earthly experience. The point is that when we reincarnate, we bring with us our past knowledge and experiences, and we continue to draw from this warehouse of information as needed throughout life.

As human consciousness continues to expand and evolve, many of the things we don't currently know or understand about our existence will be revealed to us in one way or another. For those who have read my other books, I hope that by now any questions you may have about how it is possible to know these things have been answered, at least indirectly. If not, then I suggest you read them again and again for any missed lessons.

It is not my intent to convince people of anything they don't already intuitively know to be true or a possibility. My intent is to provide information for those who will find it helpful or who have interest in the subject of contact and communication with the dead.

The information in this book will give spirit mediums and their clients a better understanding of the process, the source of the messages they receive, why those messages

tend to come in bits and pieces, and why practitioners may be right sometimes and wrong at other times.

Finally, except where indicated, I use the term “spirit medium” to refer to all practitioners, including seers, fortune-tellers, psychics, or any others you can think of. The reason is that no matter what their field of practice, the same principles apply.

Loss of a Loved One

The loss of a loved one through death is one of the most devastating experiences we all have to face at some point in our lives. Some people grieve the death of someone they love for years before they find some closure. In such cases there’s usually some unfinished business: a question to which only the departed loved one has the answer or the perceived need to have just one more opportunity to talk with the loved one.

The desire to make contact or communicate with the dead is not new. In certain cultures, the belief in reincarnation as an accepted fact of life is often accompanied by a strong belief in the ability of the living to contact and communicate with the dead. Consequently, people in many parts of the world turn to mediums, seers, and other practitioners for answers about loved ones who have passed through transition (died).

Usually, for people in these cultures, the need to consult with mediums regarding the affairs of the dead may simply be to find out if and where they have

reincarnated. For these people, knowing whether a dead relative has reincarnated brings peace of mind and some closure to their loss.

But can the living actually make contact with the dead? And if so, can they communicate, or are there other forces at work? First, I will attempt to establish whether real contacts between the living and the dead are possible. If such contacts are possible, then what is their nature? In the process of examining whether we can make contact with the dead, it is important to first examine where we all end up after our existence on earth.

Once I have established whether real contact with the dead is possible, I will examine the nature and types of communications. If it is possible to talk with the dead, why do only a few people have this ability? If communication with the dead is not possible, then what accounts for the relative accuracy of practitioners who know things about their clients that only the dead would know? I will explore all of these questions and more in the pages that follow.



CHAPTER I

The Indelible Memory

No one leaves behind a forwarding address or contact information when departing from earth.

Therefore, before examining whether effective communication between the living and the dead is possible, we must first examine where the dead go following transition. Without an idea of where the dead are, it would seem impossible to have any kind of communication with them. In this and the next few chapters I will talk about the nature of the dead and where we go when we die.

Heaven and Hell

Where do the dead really go? Is there a single place where they go to live after life on earth? Is there a heaven, hell, and purgatory? If so, where are they – high in the skies, deep in space, or here on earth? If heaven, hell, and purgatory do not exist, then where do we go when we die?

As human beings, at some point in our lives we have pondered these and other questions about what happens when we leave earth. Virtually all major religions offer some explanation of what they believe happens at the end of our life on earth.

Some believe in the concept of heaven and hell. Among these people some believe that the dead remain in their graves until a resurrection day, when they come back to life to be judged. Following judgment, the righteous would go to heaven, and sinners would be condemned to eternal life in hell. If this belief were correct, then there would be no form of life after death, and no form of contact or communication with the dead would be possible.

Inhabitants of hell supposedly burn in an everlasting fire. Conditions in hell are presumably worse than the most inhumane prison ever built by man. If people go directly to hell following death, then communication with them would be most complicated and virtually impossible.

If, on the other hand, people go directly to heaven or to a third place called purgatory, then we can assume that communication with the dead, if at all possible, would be possible only with those in heaven or purgatory. But I'm not aware of any medium reporting that someone cannot be contacted because he or she is in hell or that contact has been made with someone in heaven or purgatory. I would expect the lucky ones who end up in heaven to give some reassurance to their loved ones, through mediums, that they are, in fact, in heaven, or that

someone they know had unfortunately ended up in hell. Again, I'm not aware of any such reported reassurance.

Further, heaven is supposedly reserved for the righteous and hell for the ungodly, the sinner. To make contact with someone on the other side means experiencing the other side in some sense. To experience heaven, the medium or person making the contact would therefore have already met the requirement of righteousness; to experience hell via contact, the person would have already met the requirement of ungodliness. It follows that contact with those in heaven or hell would mean people were predestined to go to one or the other of those places, which in itself contradicts the idea of judgment or judgment day. Therefore, any form of contact with a dead person, whether in heaven or hell, would contradict basic religious beliefs and would not be easily accepted by many people.

Finally, many people believe in reincarnation, where the dead continue to exist in some form until they are reborn in a new human body. Some who espouse this belief think that people can reincarnate as the opposite sex. Others think that human beings can regress to lower animals as punishment for evil deeds.

Irrespective of these variations in beliefs, it appears that the concept of reincarnation would also frustrate efforts at contacting and communicating with the dead. For example, there is the question of whether it is possible to contact someone who has reincarnated and, if so, what effect such contact would have on the incarnate now existing on earth.

Reason suggests that if the living can contact the dead, however long ago they passed through transition, either the dead remain where they are without the possibility of rebirth or communication with the dead ceases once reincarnation has occurred. But reason can be faulty.

On the other hand, rejection of reincarnation as the explanation for the ability of the living to make contact and communicate with the dead indefinitely suggests that people live only once on earth and remain on the other side for eternity.

Both of these arguments are faulty and suggest a contradiction between the belief in reincarnation and a believe in the ability of the living to make contact or communicate with the dead. These and so many other questions suggest that the concept of reincarnation makes any form of communication with the dead impossible.

As I indicated in another book, heaven and hell exist here on earth. We all alternate between living in hell and in heaven as we go through life. Some people live more in heaven than in hell, some live more in hell than in heaven, and others live about equally in both here on earth. Suicides, for example, do not occur because things are going well for people. They occur when people feel hopeless and in great pain. People who are going through difficult times to the point of contemplating suicide can be said to temporarily be living in hell, and they are most likely to admit experiencing life in hell or something close to it. By experiencing both concepts on earth, we learn and grow, and our life experiences are balanced.

Living temporarily in heaven, for example, allows us to appreciate the opportunity and privilege of being alive. At some time in all people's lives it appears that all is going their way; in the process, they feel as though they are on top of the world and therefore can be said to be in heaven, however temporarily. Unfortunately, we also take so much for granted when things are going well. On the other hand, experiencing hell on earth offers us the opportunity to appreciate human conditions, tendencies, strengths, and weaknesses.

Two people living identical lives and having identical experiences in life can see themselves quite differently. One may describe his situation as living in hell and the other may describe his as living in heaven. Heaven and hell are relative, depending on our past and present experiences and our expectations of the future.

Those who think of heaven as a place that exists outside of this earth plane are also right. Heaven can be said to exist on the other side as well as on earth, but not in the way people conceive it. On the other side, there are no worries, stresses, prisons, or punishments. In fact, whatever we can imagine a life in heaven to be like, we can instantly experience on the other side. Heaven is not exclusively an afterlife experience, however, but of both worlds.

Even the other side, where everyone has varying degrees of potential to ascend to different levels, can be thought of as heaven and hell, depending on how high one is able to ascend. But any differences in the level of ascension do not depend on religious beliefs or lack of

beliefs. Rather, the determining factors include the culmination of our spiritual development and our past and present knowledge and experiences. We are at different levels on our spiritual growth and evolution.

Thus, the dead could not possibly go to either place. Heaven, hell, and other such places do not exist in the sense that they are generally believed to exist. Heaven is not a place reserved only for some people while hell is reserved for others. Therefore, while the concept of heaven and hell may appear to contradict the ability of the living to contact the dead, it actually has no bearing on whether such contact is possible.

If heaven and hell do not exist as currently conceived by most people, except in relation to our experiences on earth, where exactly do we go when we die? I know, and you probably intuitively know, that death is not the ultimate end. Now, let me qualify this statement. Death is not the ultimate end in this dimension.

But death as the ultimate end can and does occur on the other side. Since you're reading this book, I can assure you that you do not have to worry about experiencing the ultimate end. You wouldn't have any interest in this subject matter or any form of spirituality if you were likely to experience the ultimate end. I discuss those who are likely to experience the ultimate end in chapter 8.

We have looked at different beliefs in an attempt to find support for the possibility for contact and communication with the dead. Beliefs in heaven, hell, and reincarnation did not *appear* to provide such support. As you will discover, however, most aspects of contact and communication with the dead, and of other so-called

supernatural or paranormal experiences, can be explained through the concept of reincarnation, which suggests life after death.

Energy of a Higher Grade

It is now general knowledge that something leaves the body at the moment of death. Even Hollywood depicts this. For example, in the movie *Ghost*, some energy left the body each time someone died. Although overly dramatized in some cases, it is similar to what actually happens at the moment of death. In fact, under controlled conditions, it is possible to observe and see this intangible, immaterial essence leave the body at the time of death. This something is the “I” that I described in *America, Here I Come* as [I]mmaterial and [I]mmortal.

This “I” is who we truly are before birth, through life, and after life on earth. This is our immortal consciousness, our indelible memory, and our personality. We enter the body in the same manner with the first breath we take during birth, and we leave the body with our last breath during death. This “I” is the God essence in each of us. It is what makes us a “living soul.” This indelible memory has been referred to by different names, including the universal mind, the universal consciousness, and the Akashic record. In this book, I use “indelible memory” and “universal memory” interchangeably. No matter what term you use, the main thing is to understand the concept.

Like God, this memory enjoys an immortal existence. Without a human body, we're simply energy with full consciousness and identity. This energy or indelible memory is the memory of all past lives, of our existence, and of our experiences, and it has no beginning or end. Memory is immaterial; it does not consist of matter. While in the human body, this immaterial essence permeates every cell.

Where the Dead Go

Where then does this immaterial essence go following death? The short and simple answer to this question is: nowhere and everywhere. In *America, Here I Come*, I used the analogy of a sea to describe where we all go after life on earth:

In this existence, there's no physical body, no concept of time and space and the limitations and the experiences that are associated with such concepts. It is like a sea made up of individual yet intangible drops of water. Each drop has its own identity and consciousness [and] is united with all other drops of water to form an imaginary sea. While there, our experiences without the human body are of a different nature.

Such was my initial attempt to describe that which is buried within each person, can be revealed only within us, and for which there are no adequate words.

Following the release from the boundaries and limitations of the human body at the time of transition,

the immaterial essence merges with the invisible air and energy about and beyond us, and continues its ascension to a much higher level and finer grade of vibration until it reaches its highest potential.

This ascension to a much higher level is not vertical but of a different frequency or vibration. The level it reaches depends on its level of spiritual growth. As it progresses with full consciousness and identity, it leaves its trail or mark along the way. In other words, it is nowhere in particular, yet everywhere; hence my short and simple answer. It does not go to heaven; it does not go to hell; and it certainly does not remain in the grave for eternity. It is everywhere.

I choose to refer to this immaterial essence as personality, since it has no form, and it is no longer enclosed in tangible material like the human body.

The different levels to which personalities can ascend following transition have sometimes been described in terms of dimensions – fourth and fifth dimensions, and so on. But whether you think of it as dimensions or as a spectrum of energy, described later in this book, the difference between this world and the other dimensions of existence lies in the rate of vibration. People on earth vibrate at a different rate from personalities on the other side, and these differences have many implications for the dead and, consequently, for the living.

The human body cannot vibrate at the rate found in inhabitants of the other side. This severe limitation suggests that while on earth, we are not able to attain the level of vibration necessary for any form of contact and communication with personalities on the other side. Thus

it appears that energy does not offer support for contact and communication with the dead. But we're not done with energy yet.

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CHAPTER 2

The Imaginary Glass Structure

Communication with those who have passed through transition is possible, but it is not as simple a matter as it might appear. In a room full of people wanting to receive messages from a dead relative through a medium, it seems as if the medium has an unlimited ability to make contact for all of them. From my limited observation of mediums at work, however, such communications appear to be far from effective. They lack a two-way flow of information between the parties; they lack feedback and follow-up; messages received are generally fragmented; and they involve a high degree of interpretation by the medium.

To an outside observer, the messages resemble dictation more than communication. Herein lies the need for an examination of the process – to determine why effective communication between the dead and the living is so limited; why only a small fraction of the human population appears able to have any kind of contact with the dead; and whether the dead congregate

around the medium, taking turns to dictate their single-word messages.

Of course practicing spirit mediums are not alone in possessing the ability to communicate with the dead. Other people exhibit this ability as perceptions of visual impressions or thoughts. Others exhibit it through strong and unmistakable feelings known as intuition. In others, the ability is dormant and can be awakened only with conscious effort.

I will begin examination of the process involved in communication with the dead by looking at the source of the spirit mediums' abilities. Note that all mediums – clairvoyants, seers, or those with a personal guide – have one thing in common: the ability to make some form of contact with the other side.

Some of the abilities we possess now reflect efforts from our past lives, the lessons we've learned from those past lives, and the level of spiritual growth we've attained during our many lives on earth. In regard to mediums' ability to communicate with the dead, unless the mediums have brought other relevant experiences or lessons with them, or have undertaken study of the esoteric in this lifetime, they may not understand how and why they are able to make such contacts.

We are all at different levels in our spiritual development and on different paths in this incarnation. Each of us is a spiritual being on a spiritual journey. We're on a journey leading to a destination. The journey takes many, many lifetimes to complete, and the final destination is the same for everyone, but the road or path taken toward this final destination in each lifetime differs

for each person. In each life, a leg in the journey, we learn both spiritual and mundane lessons. And we learn both direct and indirect lessons.

Direct Lessons

Direct spiritual lessons come when we make conscious effort. For example, we may study to become a preacher or a priest, a Buddhist monk, or a rabbi; or we may associate with any of the mystical organizations for the study, investigation, and application of spiritual laws. Or we may be a devout Christian in one life, a Muslim in another, a Jew, an atheist, or a Buddhist in yet another, just as we're born into different cultures, races, and countries in different incarnations.

Our path in each life greatly influences our direct lessons. In a given incarnation, we must learn specific lessons and undergo certain experiences, and we gravitate toward those specific experiences and lessons. Even when we may not initially have any interest in certain knowledge, we are drawn to it and to particular experiences at appropriate times, no matter what we currently believe. We may not consider all the experiences to be pleasant or to our liking, but they are ours for good reason, and we choose to experience them.

The many opportunities to experience spirituality in its different forms have, unfortunately, led to one of the greatest disappointments of organized religion in general – intolerance. While the different religions and beliefs have served humanity well, have played a significant role

in contributing to the spiritual growth of many, and have been a source of hope for others, organized religion has also inhibited many people's spiritual growth by exhibiting intolerance of differing beliefs. And throughout history organized religion has served as an unjustifiable reason for inflicting so much pain, suffering, and death on those who hold differing beliefs.

Organized religion, as well as nonreligious associations, exposes us to some form of spirituality, and the lessons and experiences gained from these associations are stored in the permanent memory I referred to as intangible, immaterial essence. Therefore, these experiences and lessons are not lost during death but survive along with the immaterial essence. For example, if in one incarnation a person studies under a qualified master or organization and perfects the act of telepathy or develops a strong sense of intuition, astral projection techniques, or sensory perception, these lessons remain with the person in his or her future incarnation and become part of his or her personality or memory.

Because there is no one right way for people to experience and express spirituality, students of spiritual laws understand the need to respect and appreciate other people's beliefs or lack of beliefs even when they disagree with them and even when they recognize those beliefs to be based on ignorance or superstition. It is imperative that people show tolerance of other people's spiritual beliefs.

In short, you may have developed abilities that enable a high degree of attunement with high-grade energy, thereby making possible a greater sensitivity to the

images, thoughts, and impressions manifested in the higher realm of existence. These developed abilities often surface or manifest themselves again in some future lifetime.

Indirect Lessons

Indirect lessons and experiences result by virtue of our existence, whether we accept the idea or not. These lessons are absorbed by people who have no inclination to associate themselves with any form of spiritual organization or who do not identify with any form of spirituality, including religion. They may even have consciously rejected any form of spirituality.

Because no one exists in isolation, these people are exposed to the experiences and lessons of other people. Thus the lessons are indirect. For example, a person may have heard stories of others claiming to have the power to heal, or read or heard stories about the near-death experiences of others, or watched a documentary or read a book on some aspect of spirituality. As with direct lessons, these indirect exposures are recorded in the indelible memory we all carry with us when we pass through transition.

Cosmic Responsibilities

Indelible memory is the source of all abilities. The exhibition of certain abilities, such as those of legitimate

spirit mediums, indicates where a person is at a given time; it may also indicate that a person is in line for certain cosmic responsibilities. It can also indicate an advanced spiritual being who, through many past earthly experiences, has learned many lessons and acquired a wealth of spiritual knowledge that manifests in this life as psychic ability. And a high level of ability in some people may mean that they are nearing the end of their earthly experiences and that further reincarnations may not be necessary.

By cosmic responsibilities I mean areas of specialization that people may be trained in and qualified to practice on the other side when they no longer need to reincarnate. Some people, now referred to as personalities because they no longer exist on earth, will be scientists, engineers, spiritual healers, counselors, and teachers at the end of their earthly journeys. Yes, it is necessary that we have these specialists on the other side as well so that they can help us here on earth. Nothing can exist on earth that hasn't already existed on the spiritual plane. There could be no inventions or the materialization of any of the things we see, have, use, or enjoy on earth without the assistance of these specialists on the other side.

It would be difficult for us to be effective healers, counselors, or teachers, or to be of assistance in other ways without the necessary training, experience, or background in the appropriate fields.

Our life experiences may be part of the training necessary to qualify for such cosmic responsibilities. The difficult conditions and circumstances that we sometimes

face in life may also provide the training and experience we need for future cosmic responsibilities, and they can be acquired only through our life experiences on earth and continued on the other side.

As I was writing this section, I couldn't help but pause to wonder why I have so much interest in spiritual knowledge and so much passion about sharing with others whatever knowledge I have. Since I believe everything happens for a reason, I wanted to know specifically if I'm being prepared for some future cosmic responsibilities and what they might be. The response came that I will be a teacher.

My reaction was, "A teacher? A teacher of what?" And the response was that it has to do with thoughts. That's all I needed to know. I'm going to be a teacher in an area involving thoughts. That explains a lot to me, and that's all I know for now.

Attunement with the Other Side

We all have a direct link that enables us to glimpse the other side in varying degrees. This link can explain the psychic abilities of the legitimate mediums, and these glimpses manifest themselves in many other ways, including dreams, powerful intuitive perception, premonition, inspiration, and knowledge. How this direct link manifests itself varies from person to person. If you think of these limited experiences of the other side as contacts, then the question is not whether humans can

have contact with the other side. They can. But they are not direct contacts with specific dead individuals.

If you don't accept these limited experiences of the other side by the practitioners as real contacts, and if these communications are not a result of direct contact with specific dead individuals, what then is the nature of these communications? Where do the messages come from?

These communications involve a complex process, although it may not seem so complex to the practitioners and to those who observe them at work. Contact with the other side, however limited, involves some form of communication. All such communication occurs through attunement.

Attunement occurs when a person's energy vibrates and extends beyond the earth plane, and interacts with the higher vibratory energies of the other side, making it possible for the person to become aware of and perceive certain knowledge and information that would not otherwise be available to human beings. Such awareness and perception can be visual, audible, intuitive, or a combination of all three.

By this definition, attunement with a higher grade of energy is not restricted exclusively to practicing spirit mediums. It is something we all experience consciously or unconsciously and to varying degrees by virtue of being human. Sometimes the resultant experience or manifestation of that attunement is referred to as supernatural or paranormal.

Attunement is what allowed Saul of the Christian Bible to suddenly become aware of certain spiritual

knowledge that changed his life. He went from Saul to Paul, from the persecutor to the persecuted. It is what allowed the prophets to have ready access to knowledge and information that was not available to the masses. It is what enables people to become champions of a belief system they once opposed or to oppose a belief system they once held dearly. Attunement awakens people's consciousness; it inspires; and it frees people from the bondage of superstition, fear, and ignorance.

Prophets, however, attune at a higher level than most individuals and spirit mediums. They are highly evolved spiritual beings. The level at which they attune with the other side is what separates highly evolved spiritual beings from the rest of us.

The Different Dimensions

I have established that the dead are nowhere and everywhere, and that the only difference between the two worlds is in the rate of vibration or the frequency in which they exist. This difference in frequency separates this earthly realm of existence from the other side, and it represents a major obstacle to our ability to make real contact. Some people, however, have developed sufficient sensitivity to the lower end of frequencies of the other side such that they can perceive a tiny fraction of impressions.

As an analogy, imagine a glass structure one hundred stories high. Because it is made entirely of glass, you have a 360-degree view from every floor. As you move from the

bottom floor to the top, your views become broader, and you see farther because there are fewer obstructions from trees and other buildings. A person on the thirtieth floor can see farther than a person on the fifth floor. Similarly, the view from the one-hundredth floor is much broader than that from the thirtieth floor.

Now imagine that the different floors in the tall glass structure represent the different dimensions. Our world occupies the first few floors, and those who have passed through transition (the dead) occupy the higher floors. Each floor, each level, vibrates at a different rate. As we grow spiritually and acquire the necessary knowledge and experiences in each incarnation on earth, we become qualified to move up the stairs to the higher floors.

The ascension to higher floors, in our analogy, and the erasure of the memories of those who are unable to ascend to them and who therefore die the ultimate death contradicts the belief that a person can regress through reincarnation to an animal lower than human. We can only move up, not down. Belief in regression to a lower animal as a punishment for evil deeds is erroneous and superstitious.

The floors and ceilings in our imaginary glass structure mark a change in vibratory rate. Because these floors and ceilings are made of energy, people and personalities on one floor may occasionally hear, feel, perceive, or have a glimpse of the floor above, usually without the full knowledge and experiences associated with that higher level. This shows that some people can and do experience the other side to varying degrees.

Personalities on a higher level do experience all the levels below with full knowledge, however, because they have passed through those levels while ascending to higher ones. But to actually descend temporarily to a lower level requires effort. When we reincarnate, we do so from whatever level we've reached on the other side. And we bring our experiences and knowledge to earth with us.

Since knowledge is never lost, we continually draw on past knowledge and experience – our own and other people's – through attunement with the universal memory. Throughout life, we draw from past experiences up to the level we reincarnated from, whether we realize it or not.

The necessary knowledge and experiences are acquired both in our world and on the other side, but mostly in our world. The higher the vibratory rate of the level in which people and personalities exist, the higher the level of knowledge and experience they can have.

These differences do not mean living in heaven or in hell. They are simply where we are at a given point on our spiritual journey. As we evolve, we all move to higher and higher levels, until we reach our highest potential and further reincarnation becomes unnecessary. Following death, the dead continue in their ascension until they reach their highest potential.

The analogy of the glass structure helps to illustrate how legitimate spirit mediums – and indeed anyone who has the ability to perceive impressions that are considered beyond the realm of everyday experiences – operate. Since the human body limits us, most practitioners can

only attune with the remnants of the energies from the dead, and therefore they perceive impressions at very low levels. In our analogy, these lower levels would be the few floors nearest to the earth plane in the glass structure. At these levels, the view is severely limited, and “noise” and other interference make it difficult to hear sounds clearly. Imagine trying to receive radio signals using a low-powered radio without an antenna. You’re likely to receive signals with only intermittent clarity.

Imagine also a poorly constructed wooden house with the radio, television, and stereo all turned up to maximum volume, a train passing nearby, and an airplane flying overhead at low altitude. Clearly hearing what someone is trying to communicate to you in this house would be most difficult. These limitations to effective communication explain in part why the messages received through spirit mediums often appear in bits and pieces. The dead do not lose the ability to communicate in complete sentences. The lower the level at which people attune with these energies, the poorer the quality of the impressions perceived, whether intuitive, visual, or audible.

Notice that I’ve been using the words “perceive” and “perception” instead of “contact.” The choice of words is intentional; we do not make direct contact with the dead, as we would run into a friend or acquaintance. Direct contact with certain types of energy can have serious negative consequences. Remember that the indelible memory holds all the knowledge and experience of everyone who ever existed and ever will exist. Indelible memory does not pick and choose which knowledge and

experience to retain. Having direct contact with certain knowledge and experience contained in the indelible memory could have unintended consequences, especially in the hands of the unqualified, the untrained, and the unprepared.

For example, direct contact with high voltage electrical current can be deadly. You cannot make direct contact with energy, but you can feel, perceive, or experience its effects. The dead have no form or shape. They are intangible and immaterial. But this immaterial essence is capable of manifesting itself in any form or shape when necessary. Any such manifestation is temporary and represents an illusion. And that is the nature and extent of all so-called contact with the dead – through perception, within the sea of knowledge and experience, and not directly with specific individuals, despite how those contacts may appear from observing a medium at work.



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CHAPTER 3

Spectrum of Energy

Everyone ascends to his or her highest potential. Imagine a spectrum of energy, like a rainbow in the sky, stretching from a point on the left to infinity on the right. Only remnants of this energy are within the level of our everyday human experience; the beginning point, on the left, is just beyond our reach.

Assume that the point on the left, where the spectrum of energy begins, is the point where the earth plane ends. This is the part of the other side closest to the earth plane. At every point along this spectrum of energy, from its beginning to infinity, are personalities (those who have made the transition from earth to the other side). At every point along this spectrum, moving from left to right, the energy vibrates at a higher rate. And as we travel from left to right along this spectrum, we move to higher levels marked by a change in the rate of vibration.

Following transition, we immediately enter the lower end of this spectrum and continue to be propelled higher and higher along it until we reach the level of our highest potential. This level is where our knowledge, experiences,

spiritual development, consciousness, and evolvment are able to take us. Again, where we are is not heaven or hell. It is simply the level we have reached at a particular time in our spiritual evolution.

Earth, which vibrates at a lower rate than the other side, occupies the lowest floors in the imaginary glass structure. Those who have mastered life and have concluded their earthly journeys are much higher in this spectrum; they have reached the top floors in that imaginary glass structure. They have complete knowledge associated with all the levels below them but limited knowledge of the levels above them. They can descend to the lower levels but only with much effort, and they often require permission from the council of elders to do so. This may explain why we have only glimpses instead of full knowledge of the other side. It may also explain why personalities on the other side do not materialize on earth at will; they appear only on rare occasions and only with effort, difficulty, and permission.

Because each person who passes through transition merges into this sea of energy, while retaining consciousness and identity, the spectrum represents the collective memory of all. And remnants of this energy that includes the collective memory is what enables people to have occasional flashbacks and other experiences that are sometimes considered paranormal or supernatural. These words are misnomers. In fact, these experiences are normal and natural. They simply reflect the work of a different grade of energy.

Anyone who can attune with this vibration even at the lowest levels can perceive impressions, images,

thoughts, messages, and other information. But what can be perceived at the lower levels lacks the clarity, accuracy, and specificity that would otherwise accompany such messages; and it often lacks a futuristic view. This may explain why most of the messages seem to appear in a hit-or-miss fashion, require a high degree of interpretation, and seldom involve the future with accuracy.

Practitioners have varying degrees of sensitivity to these low levels of vibrations. Some attune at a higher level within the spectrum of energy than others. The level of attunement depends on past training and experiences carried over from past lives.

We now know where legitimate spirit mediums get their ability. It comes from their spiritual development, not necessarily in this lifetime but certainly from their past lives and from their training on the other side. They have mastered certain things and are able to draw from their past knowledge and experience consciously or unconsciously. In addition, those who are able to attune with this energy at will are also being prepared for certain cosmic responsibilities.

Anything perceived during attunement with this energy is not a result of contact with a specific entity or personality that has passed through transition but comes from a bigger, collective memory: the universal memory, Akashic record, or whatever you choose to call it. Universal memory is the embodiment of all records, experiences, and knowledge. Therefore, this memory makes it possible to perceive information, impressions, or messages without direct contact with a specific individual or personality.

Meeting Again on the Other Side

The dead perceive one another in the imaginary sea we discussed earlier, the universal memory. Following transition you will meet your departed loved ones again, but not in the form you might imagine. You will no longer possess the physical senses of sight, hearing, smell, touch, or taste. All these belong to the physical body and are abandoned along with it. You will simply know that your loved ones are there because they are. You will immediately perceive their presence and be able to communicate telepathically with them.

But these perceptions depend on several factors. For example, if your loved one has ascended to a much higher level than you are able to reach upon transition, then perception will be somewhat hampered. An exception would occur if your loved one decided to descend to your level for the purpose of establishing easy contact with you upon your arrival. This would be similar to going to an airport to await the arrival of a visitor from out of town. It is a welcoming gesture by the personality on the other side.

Perception would be nonexistent if the personality on the other side has experienced the ultimate death. While ultimate death does not appear to happen often, it is a possibility, and it can occur only in the immaterial or spirit world. It happens to those who have not taken advantage of the privilege of earthly experiences and have failed to benefit from all opportunities afforded them to learn and grow.

Perception would also be hampered if the personality has reincarnated. Although the new arrival to the other side can still perceive impressions of the reincarnated personality that are available through the universal memory, direct perception would not be possible since the personality no longer exists on the other side but is back on earth.

Clearly, then, in certain circumstances contact with people who have passed through transition is not possible in any form.

The foregoing discussion on dying the ultimate death is not intended to dishearten you or give you cause to be concerned about the well-being of a loved one who has passed through transition. As I said, the ultimate death does not happen often. And since it happens in accordance with divine law, we can take heart in knowing that it is for the best. And for you who look forward to a reunion with a departed loved one, chances are great that such a reunion will take place, although not necessarily in the manner you might expect. (For more on the ultimate death, see the section titled “Why Things May Go Wrong” in chapter 8.)

Experiences following Death

Everyone has a different experience immediately following transition. Some people require further work, such as spiritual healing, counseling, or a host of other services to ease them into the spirit world. These

differences in experience account for some of the differences we read or hear about regarding the nature of the other side. People's beliefs and understanding may be influenced not by reality but by their encounter with energy that does not reflect the true nature of the other side.

For example, if you attune with the energy of a personality who is in a confused, illusionary state, your experience, understanding, and interpretation of the other side will be based on that attunement, and consequently will not reflect the true nature of the other side.

It may be difficult if not impossible to convince people who have this misleading experience of the other side that the reality is different from what they perceived. Differences in experiencing the other side also explain why personal psychic experiences cannot be replicated by science or in a laboratory. Sometimes a person cannot replicate his or her own previous experience, especially when the initial encounter was with a personality in a confused state and subsequent experiences approximate the true nature of the other side. These differences also make it important to be tolerant of other people's beliefs. No one is the sole authority on the nature of reality.

People can be categorized into three main groups based on the different experiences they have following transition: those in the illusionary world; those who have no illusions about the other side; and those whose earthly experiences are over.

Again, people's experiences are determined by numerous factors, including the level of their spiritual

evolvment and their beliefs. Of people who fall into the first group, generally, those who don't believe in life after death will be in a confused state and will experience the illusion of continued existence on earth. And those who believe in heaven will experience something approximating their conception of it. They remain in this illusionary state temporarily until more work is done in their behalf to ease them into the spirit world.

The second group consists of those who are spiritually advanced and who believe in life after death and reincarnation. They do not have the illusion of continued existence on earth in a human body, and they are more likely to recognize the moment of transition. They will proceed to their final destination and begin the process of reincarnation as soon as possible.

The third group consists of those who have attained such a high level of consciousness and mastery of life that they can now exist in the spirit world as one with the Infinite. These personalities will help the rest of us by serving as teachers, advisors, and in other helping capacities. They are sometimes erroneously thought of as judges. They help us to make decisions about our return to earth. Without their help, some of us might choose difficult paths, thereby increasing our chance of not accomplishing our mission. (For more information about the three groups, see my book *America, Here I Come.*)

These differences in the way people perceive the other side upon transition may have led to the assumption that some go to hell while others go to heaven. Despite the initial differences, in the end we all will perceive the reality of the other side in the same way.

Although we may, immediately following transition, manifest an illusion in which we experience what we *expect*, reunions are not physical in nature. They occur through perception and intuitive communication, without benefit of the physical senses. Direct contact with a specific dead individual can occur only when a qualified living person receives permission from the council of elders.

Rarely do people have the need to request such permission, and only a few have reached the level of spiritual development or knowledge required to do so. Universal memory is capable of making available whatever information is required of it through attunement. Because mediums and most other practitioners cannot control the information they perceive once they have attuned with it at lower levels, the images and other information often lack detail, specificity, and completeness.

When permission to contact a specific personality is granted, the experience differs. It can approximate direct, face-to-face contact. Personalities who have not yet acquired the ability to manifest themselves are helped to do so in an appropriate form, even when such manifestation is temporary and illusionary.

At any given time, only a handful of people on earth have attained the high degree of mastery and spiritual advancement that enables them to attune with this universal memory at a high enough level to make all knowledge available. Their attunement is purposeful and intentional, and they have complete control of their

experiences. As a result, they are able to engage in two-way conversations, follow-ups, and feedback – characteristics usually lacking in communications by most spirit mediums. Any impressions those highly evolved people receive require no further interpretation. The knowledge they acquire is complete and may involve the future with complete accuracy.

These masters of life often use their abilities to help themselves, others both living and dead, and humanity as a whole. Their level of mastery requires many lifetimes of experiences, lessons, and training. One hundred years on earth is not long enough to acquire all the experiences needed for mastery. And of course not many of us can count on one hundred years of earthly experience in one lifetime.

Fortunately for all of us, there is reincarnation. Reincarnation offers us the opportunity to acquire the necessary lessons, learn, grow spiritually, and move closer to the top of that imaginary glass structure. As they alternate between life on earth and life on the other side, most people climb higher and higher.

At times, personalities on the other side need help from the living on earth. For example, something has to happen to make certain newly arrived personalities stop experiencing the illusion of continued existence on earth and realize that they have passed on to the other side. It may be something as simple as perceiving a familiar living person or some other kind of help. Indeed, highly developed individuals have, on occasion, consciously petitioned for permission to visit such personalities.

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About the Author

A lifelong student of religion, spirituality, and metaphysical traditions, beginning with Christianity in his native Nigeria, where he also learned about traditional African religions, Isaac Nwokogba has always experienced guidance by forces larger than himself. A believer in reincarnation, he has written many articles and three books about the spiritual laws of the universe. *Seeds of Luck* focuses on the cosmic law of manifestation. *America, Here I Come* describes this country's role in fulfilling his spiritual destiny. He earned a master's degree in business from Southwest Texas State University and works as an analyst in the utility industry in Southern California.

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